Hemophilia and Mental Health

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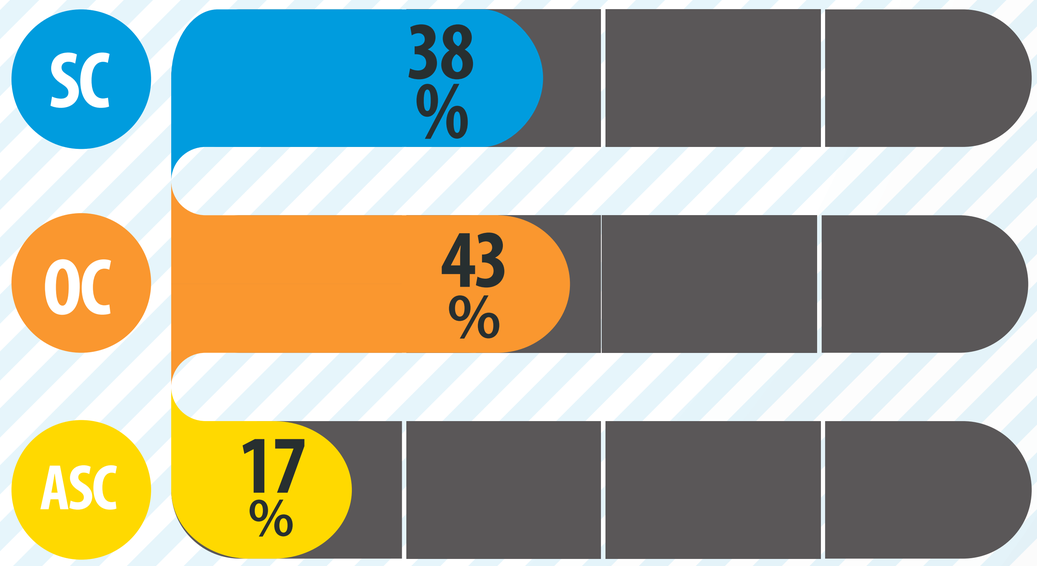
The IPS INTEGRAL clinical psychology service provides assessment, counseling and follow-up environments to patients with hemophilia. From this service, the top three identified diagnoses in patients with hemophilia A and B, include parent-child relationship problems, anxiety and personality disorders and opioid abuse. In addition, some not so common diagnoses, including affective and mood symptoms, are also present in some patients. As these diagnoses are isolated and do not constitute a single diagnosis, we do not include them within the top three list.



In these patients, the psychological process initially involves psychological assessment consultations, using patient and family interviews if necessary, games and drawing techniques in the case of children and the correct use of psychiatric semiology and updated diagnostic manuals. Furthermore, we constantly monitor the patients using psycho-educational orientation behaviors, which depends on each case and their particular needs.



A major obstacle our service handles, is the lack of interest in thinking associated psychological aspects of their medical condition and the low percentage of patients who demonstrate self-care and an appropriate level of responsibility with their body and Hemophilia condition. 38% of them demonstrated an adequate self-care level and a 43% have occasionally shown this behavior for their condition. Only 17% always show self-care behaviors and responsibility for their condition.

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